

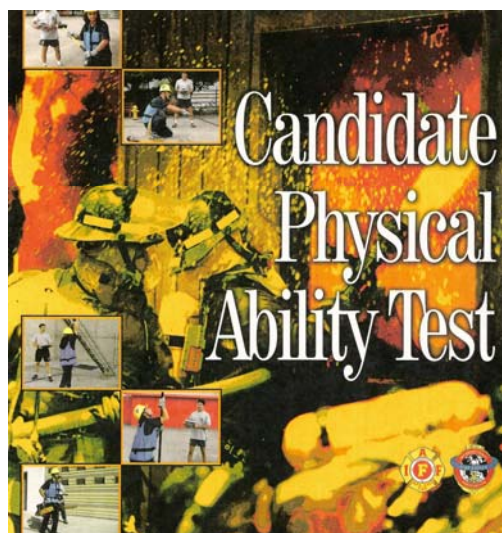


Southwest United Fire Districts (SUFD) is a limited licensed CPAT administrator

Candidate Physical Ability Test

Information Guidebook

CPAT



A joint initiative between the International Association of Fire Chiefs
and the International Association of Firefighters

Why SUFD CPAT?

Convenience: All materials, equipment, and manpower are provided throughout the process. Your department will not have the large expense associated with equipment purchases, equipment storage, and training instructors.

Time: The SUFD CPAT program can save your agency time by providing all the necessary comprehensive physical ability services normally conducted by local agency staff.

Protection: The CPAT is a legally defensible, validated testing process that gives you the tools to hire the best possible applicants for your department. It meets criteria established by the Equal Employment Opportunity Commission (EEOC), United States Dept. of Justice (DOJ), and the U.S. Department of Labor (DOL).

Transportability: CPAT is designed for the entire fire service, the “gold standard” of physical ability testing. It is recognized around the globe as a validated process and is accepted by many fire departments across the United States. A CPAT card issued by SUFD can be used anywhere that CPAT is used as a pre-employment requirement.

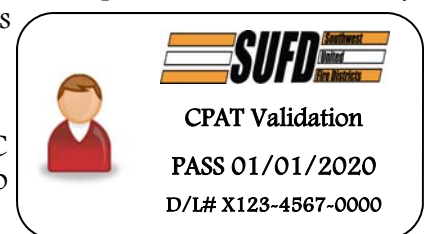


Candidate Self-Pay Option

Candidates can now challenge the CPAT and receive a CPAT Validation Card from SUFD that will serve as verification that the candidate has passed the CPAT. This will allow the candidate to use their CPAT card at any agency that uses CPAT as their pre-employment test. Candidates must declare the agencies they are testing for at the time of registration to validate their cards.

Commissions may have to amend their administrative rules to allow for this, please check with your legal representation when considering this time and cost saving option. Departments can then require a valid CPAT ID card at time of application or within other time frames in the eligibility process. Sample policy statements are available to assist you in the adoption of this process. Candidates should be encouraged to keep CPAT ID card valid each calendar year as part of eligibility requirements. This process has been widely accepted throughout the country and is currently being adopted as the standard in our area.

Departments using CPAT must also apply for a license with the IAFF/IAFC and complete an agency transportability study. SUFD will be available to assist agencies in this responsibility.



What is the CPAT?

The Candidate Physical Ability Test (CPAT) is a pass/fail physical ability test encompassing eight events that challenge the applicant as if they were on the scene of a working fire.

CPAT is a timed test that gives the applicant 10 minutes and 20 seconds to complete. Candidates wear a weighted vest to simulate the weight of firefighting equipment, hardhat, and gloves throughout the test. *All equipment necessary to complete test is furnished on site for both practice sessions and test dates.*

The 8 CPAT Events include:

- Stair Climb
- Hose Drag
- Equipment Carry
- Ladder Raise and Extension
- Forcible Entry
- Search
- Victim Rescue
- Ceiling Breach and Pull

Each candidate is scored on a pass/fail basis relating to time to complete the course. No candidate is ranked higher or lower based on their completion time. Up to 4 practice sessions are scheduled for the candidate to orientate to the CPAT testing process. Attendance at practice sessions dramatically improve a candidates opportunity for success.

Candidates are given access to candidate preparation guides that describe physical fitness programs that target the body areas that are emphasized in the test. Candidates can also seek assistance from our staff certified Peer Fitness Trainers if needed. Video clips of each station are available at our website.



CPAT is utilized by the following Illinois Fire Departments/Fire Protection Districts:

Addison • Algonquin-Lake in the Hills • Arlington Heights • Aurora • Batavia • Beach Park • Bedford Park
Bloomington • Bolingbrook • Champaign • Countryside • Crystal Lake • Darien-Woodridge • Decatur
East Peoria • Elgin • Elk Grove • Elmhurst • Forest Park • Frankfort • Geneva • Glenview • Grayslake
Gurnee • Hanover Park • Highland Park • Highwood • Homer Township • Huntley • Itasca • LaGrange
Lake Forest • Lake in the Hills • Lake Zurich • Lemont • Libertyville • Lincolnwood • Lockport • Lombard
McHenry • Melrose Park • Minooka • Morton Grove • Mount Prospect • Naperville • Newport • Niles
Northbrook • Northlake • Norwood Park • Oakbrook • Oak Park • Orland • Ottawa • Palatine-Rural
Palos • Park Ridge • Plainfield • Pleasantview • Prospect Heights • Rutland-Dundee • Skokie • St. Charles
Sycamore • Westmont • West Chicago • West Dundee • Wheaton • Wheeling • Wilmette • Winnetka
Woodstock • Zion



Candidate Physical Ability Test

The Candidate Physical Ability Test (CPAT) is a pre-employment test developed in cooperation between the International Association of Firefighters and the International Association of Fire Chiefs and is comprised of a comprehensive orientation, preparation and testing program. Individuals may register and take part in CPAT Pre-Certification for use in fire department hiring processes. These candidates must declare the departments they are testing for during registration. Upon successful completion of the test a CPAT Identification Card will be issued to the candidate.

**Southwest United
Fire Districts**

**CPAT
Orientation/Testing
FACILITY
LOCATION
at**

**Chicago Roofers
Apprenticeship &
Training Center
on**

Roofers Road
A Private Road accessed at
approximately
7014 S. Wolf Road
Indian Head Park, IL
60525
See our website for
map & directions

- Testing fees are \$165.00 per Candidate. Payment is required at time of registration & fee is non-refundable.
- Payment by check, money order or cash only. (Make checks payable to SUFD) *A \$25 fee will be charged for returned checks.

Each **FULL Session** begins with Registration, an Orientation meeting and a Station Practice session to familiarize the candidate with the CPAT. Candidates will have the opportunity to ask questions of the proctor staff and Peer Fitness Trainers and to view orientation video of the course and process. As part of the orientation and preparation process, candidate orientation guides and test preparation guides are available for downloading or viewing at www.sufd.org (Pre-Registration is not available)

OPEN Test Challenges (one-time tries) are available for those Candidates who do **not** wish to attend Orientation & practice sessions. (Candidates will be waiving orientation and any practice) Candidates may challenge CPAT by appointment only (CPAT@sufd.org) during **Station & Timed Course Practice** dates or **CPAT Test** dates. Registration Application & \$165.00 Testing Fee is required prior to each test attempt.

2020 CPAT Testing Schedule						
Event	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Session Registration, ORIENTATION & Station Practice <i>(A Station Practice follows after each Orientation)</i>	<u>January 7</u> 5:30pm Registration 6:30pm Orientation	<u>February 6</u> 5:30pm Registration 6:30pm Orientation	<u>April 8</u> 5:30pm Registration 6:30pm Orientation	<u>June 4</u> 5:30pm Registration 6:30pm Orientation	<u>August 4</u> 5:30pm Registration 6:30pm Orientation	<u>October 6</u> 5:30pm Registration 6:30pm Orientation
Station Practice	January 15	February 12	April 16	June 15	August 18	October 16
Timed Course Practices	<u>February 6</u> <u>February 13</u>	<u>March 13</u> <u>March 20</u>	<u>May 8</u> <u>May 20</u>	<u>July 10</u> <u>July 21</u>	<u>September 4</u> <u>September 25</u>	<u>November 10</u> <u>November 20</u>
CPAT Test	March 10	April 8	June 4	August 4	October 6	December 11